

Spain's 17 regions at a glance

Capital, language and the one thing to know.

Seville

Andalusia

Spain's sunny south.

Barcelona

Catalonia

Barcelona, the Costa Brava and the Pyrenees.

Madrid

Community of Madrid

The capital region.

Valencia

Valencian Community

Valencia, the Costa Blanca and orange groves.

Vitoria-Gasteiz

Basque Country

Green hills, surf beaches and the best food culture in Spain.

Santiago de Compostela

Galicia

Spain's green, rainy northwest.

Oviedo

Asturias

Mountains to the sea in an hour.

Santander

Cantabria

Elegant Santander, surf beaches and prehistoric cave art.

Valladolid

Castilla y León

Spain's largest region.

Toledo

Castilla-La Mancha

Don Quixote country south of Madrid.

Zaragoza

Aragon

Zaragoza, the Pyrenees and Mudéjar towers.

Pamplona

Navarre

Pamplona and San Fermín, Pyrenean forests, the Bardenas Reales desert and excellent vegetables.

Logroño

La Rioja

Spain's most famous wine region.

Mérida

Extremadura

Spain's least-visited region.

Murcia

Region of Murcia

Sunshine, the Mar Menor lagoon and Cartagena's Roman theatre.

Palma

Balearic Islands

Mallorca, Menorca, Ibiza and Formentera.

Las Palmas de Gran Canaria and Santa Cruz de Tenerife

Canary Islands

Spring all year.